A Campus Response to High-Risk Behaviors

Peter Rives – Assistant Director of Wellbeing – Alcohol and Substance Abuse Prevention
Sarah Broadhurst – Safe Office Counselor/Advocate
➢ Understand Wake Forest University’s comprehensive approach to reduce high-risk alcohol use, substance abuse, and sexual assault

➢ Prepare parents to lead conversations about high-risk alcohol use, substance abuse, and sexual assault with their students

➢ Identify campus resources for high-risk alcohol use, substance abuse, and sexual assault
Peter E. Rives (‘98)
Assistant Director of Wellbeing – Alcohol and Substance Abuse Prevention

Office of Wellbeing

Wake Forest University
Greetings Wake Forest University Parents

College is an exciting milestone for both you and your student. It is a time of new experiences, a time of transition, and a time to stay connected. If you have already spoken with your Wake Forest student about alcohol great; however, it is a good idea to revisit the conversation. You may need to adjust your communication style as your student develops greater independence. If you have not spoken with your college student about drinking it’s never too late to have the conversation. While we are committed to making a difference with our students, we also understand that you are the first line of defense against alcohol misuse and abuse.
Mission
Thrive is Wake Forest’s comprehensive wellbeing initiative. As a venture owned by the entire campus community, Thrive engages students, faculty, and staff to better cope with adversity, build rewarding relationships and live lives with a sense of purpose. Through collaborative programs, infrastructure building, research, and services, Thrive offers the skills, knowledge and perspective necessary to maintain a healthy, harmonious, and balanced life.

Holistic: 8 dimensions; Interrelated and interdependent
Alcohol and drug misuse intervention

- Interactive online technology solutions
- Brief Alcohol Screening and Intervention for College Students (BASICS)
- University Counseling Center – Licensed Clinical Addictions Specialist (LCAS) staff
- Student EMTs
- 24/7 Student Health Service
- Established relationships with community treatment providers
- Close collaboration with local hospitals
- Close coordination between campus departments
- Recovery supports on campus and in community
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Wake Forest University
What is prevention?

- Methods or activities that seek to reduce or deter specific or predictable problems, protect the current state of well-being, or promote desired outcomes or behaviors.

- US DHHS
Levels of Prevention

Primary – prevent behavior
Staying out of the river

Intervention – support behavior
change at earliest signs of trouble
Getting out of the river
students who failed to take the course were 4.64 times more likely than those who completed it to experience an alcohol-related event requiring medical attention.
Measured improvements in behaviors and stated intentions

Redefines students’ expectations around normative behaviors of their peers using actual student data in an engaging poster campaign.
Purpose: To develop a culture of caring, recognizing the potential for harm to occur, and safely intervening.

Mandatory for all first-year students in the first semester.

Statistically significant outcomes in likelihood to help and learning outcomes.

Alcohol | Mental Health | Sexual Violence
Who is the Safe Office?

Confidential Staff Member
Available 24/7: 336.758.5285

The Safe Office responds to urgent needs, assists students as they evaluate their options, and supports them as they begin the healing process with concerns and/or experiences of sexual misconduct.
What is ‘Sexual Misconduct’?

Sexual Misconduct

- Sexual Assault
- Rape
- Sexual Harassment
- Dating Violence
- Domestic Violence
- Stalking
Haven
UNDERSTANDING
SEXUAL ASSAULT
PREPARE Orientation Conversations
Going Upstream: Bystander Intervention

stand.

speak.

act.
Prevention for Every Student

THE RED FLAG CAMPAIGN

Coercion
Jealousy
Victim Blaming
Emotional Abuse
Sexual Assault
Isolation
A Caring and Supportive Community

Stop (for safety)

Drop (assumptions and listen)

Roll (to resources)
A Caring and Supportive Community

- University Police
- Residence Life and Housing (including RA's & GHD's)
- Office of the Dean of Students
- Office of Academic Advising
- Center for International Studies
- Student Health Service
- Title IX Coordinator & Deputy Coordinators
- Safe Office
- University Counseling Center
- Office of the Chaplain
- All other WFU Faculty & Staff
Dear Survivor,

you are bigger than this and you are stronger than this. know that you are not alone and you are loved.

Dear body, we've been through a lot. I love you.

Dear Survivor, your past does not define you, be strong and push on. I believe in you.
I always wondered why somebody didn't do something about that, then I realized I'm that somebody.
What you need to know about Campus Services: Resources for Students and Families
Supporting students and organizations in creating leadership, engagement and involvement opportunities that enable growth in the Wake Forest community.

(studentengagement.wfu.edu)
336.758.7168
Promotes student engagement in the community and supports student organizations, fraternities, and sororities, with the events they plan and risks they manage.
Intercultural Center

Engages underrepresented students through co-curricular programming, advising, and advocacy

(interculturalcenter.wfu.edu)
336.758.5864
Provides emotional, social and community support for both on- and off-campus students

(rlh.wfu.edu)
336.758.5185
All volunteer, student-run organization of NC certified EMTs who provide emergency care to students, faculty, staff, and visitors

(shs.wfu.edu/services)
336.758.5218
Coordinates Crisis Management Team (CMT) response to critical incidents and local police, fire, EMS, and emergency management

(police.wfu.edu)
Non Emergency: 336.758.5591
Title IX Office

Oversees and coordinates the University’s Title IX compliance efforts including investigations of and responses to reports of gender discrimination, sexual harassment, sexual assault, dating/domestic violence and stalking

(sopr.wfu.edu)
336.758.7258
Provides and coordinates prevention programming, services, infrastructure building, and research to advance student, faculty and staff wellbeing

(THRIVE)
comprehensive wellbeing at Wake Forest University

(thrive.wfu.edu)
336.758.3089
Staffed by board certified physicians and clinical staff with experience helping young adult college students

(shs.wfu.edu)
336.758.5218
Free and confidential counseling by licensed mental health professionals for all students on the Reynolda Campus

(counselingcenter.wfu.edu)
336.758.5273
Creates an educational and professional environment that supports women and promotes gender equity at Wake Forest

(womenscenter.wfu.edu)
336.758.4053
Pastoral care and counseling, spiritual programming, and 24/7 on call response for individual, group, and Wake Forest community crises

(chaplain.wfu.edu)
336.758.5210
LGBTQ Center

Fosters a safe, equitable and inclusive experience for all

(lgbtq.wfu.edu)
336.758.4665
Provides academic support, coordinates academic accommodations for students with documented disabilities, and helps students with reading, writing, and test taking skills.

(lac.wfu.edu)
336.758.5929
Provides confidential crisis response and on-going support services to students for concerns related to sexual assault, sexual harassment, dating/domestic violence, and stalking


(safeoffice.wfu.edu)
336.758.5285
Campus Recreation

Provides recreational sports and fitness programs, manages recreation facilities, and promotes student employment opportunities

(campusrec.studentlife.wfu.edu)
336.758.5838
Campus Assessment, Response, and Evaluation (CARE) Team facilitates the identification and management of behaviors which may disrupt or interfere with the day to day functions of the University

(careteam.wfu.edu) 336.758.2645