



# Study Abroad Checklist

- Identify Personal Values, Interests, and Skills** – Conduct a self assessment and reflect on what is important to you as you outline your career path.  
<http://career.opcd.wfu.edu/take-an-assessment-2/>
  - Complete the Focus 2 online career assessment to explore career paths.  
<https://www.focuscareer2.com/portal/login.cfm?SID=783>  
*For the access code to create an account, please email [careers@wfu.edu](mailto:careers@wfu.edu).*
  
- Research Industries and Companies** – Gain industry knowledge and create a list of target companies you are interested in exploring for internships.  
<http://career.opcd.wfu.edu/career-resources/career-exploration-websites>
  - Career Search (ZSR Library database)
  - Reference USA (ZSR Library database)
  - Vault
  - WetFeet
  
- Update Resume** – Keep your branding tool current.  
<http://career.opcd.wfu.edu/write-a-resume-or-cover-letter>
  - Revise resume based on summer experiences, study abroad experience, and edits from career services.
  - Meet with a career counselor during summer session and/or send via email to [careers@wfu.edu](mailto:careers@wfu.edu) when abroad for review.
  
- Find Connections** – Network and keep in touch with classmates, colleagues, faculty, and alumni to assist you with your internship search. Sometimes you learn about the best opportunities by word of mouth.  
<http://career.opcd.wfu.edu/learn-about>
  - DeaconSource: Update your Personal and Academic profiles in DeaconSource to align with your career interests.
  - Clubs and Organizations: Review newsletter and distribution emails that contain relevant career information. For example: Consulting Club, Marketing Club, your Greek organization, or Student Government.
  - Facebook: Join the OPCD Facebook Page.
  - LinkedIn: Create a LinkedIn Profile – <http://grads.linkedin.com> and connect to alumni groups (WFU Career Connectors and WFU Alumni Groups)
  - Contact local Alumni Club in your city of interest—<https://alumni.wfu.edu/clubs/>
  
- Search Open Internship Positions** – Utilize online tools to identify and apply for internships.  
<http://career.opcd.wfu.edu/find-an-internship>
  - DeaconSource – <https://wfu-csm.symplicity.com/students/index.php>
  - Internships – [www.internships.com](http://www.internships.com)
  - UCAN Internship Database ((must access via DeaconSource home page)
  - Online Resources handout (in DeaconSource Document Library)
  
- Prepare for Internship Interviews**  
<http://career.opcd.wfu.edu/practice-for-an-interview>
  - InterviewStream – Search interview questions by industry and video record yourself answering questions.
  - Mock Interviews – Participate in a mock interview with a career services counselor (prior to departure or upon return to campus).